



The solo pediatric practices of
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The worldwide pandemic of COVID-19 has had a significant impact on the lives of children and families in our community. As your child's pediatrician, we have been diligently working to keep informed on the latest recommendations from the CDC as well as state and local hospital systems in our area.

While many of you are committing to new changes in your social behavior and sanitation practices at home, we would like our patients at the Oregon City Pediatric Building to know that your family's health and safety are of paramount importance to us. The doctors have been meeting frequently to implement safety protocols and efficiently utilize our resources to provide you with the best care possible. This has included implementing heightened disinfecting, sanitation, and PPE procedures in adherence to CDC and Oregon Health Authority guidelines.

With this in mind, we would like to provide some information about ways we can continue to meet the healthcare needs of the families we serve:

- In order to limit possible exposure and therefore decrease the spread of COVID-19, we are asking patients or family members who are ill, to remain in their cars when they arrive at our office, and "check in" by calling the front desk from their cell phone. Your healthcare team will then determine what steps to take, which may include bringing you directly back to exam room, or providing a certain amount of care in your car.
- Another feature designed to limit exposure is the new availability of online "virtual" telemedicine visits for certain types of medical problems. We are currently using a web-based "user-friendly" program called doxy.me. It is secure and HIPAA compliant. No account is necessary, and there is nothing to download. All you need is a cell phone, computer, or tablet that has a camera.
- We are implementing additional safety precautions to also reduce the risk to our non-ill patients that will be seen inside of the office. This includes using specific exam rooms only for our well patients and bringing them into exam rooms as directly as possible.

The COVID-19 epidemic will require all of us to make changes that will impact the health of our community. Be assured, we are exercising extra precautions to support the need for viral containment. We also continue to recognize the essential role for primary care and health maintenance, especially the need to vaccinate against those illnesses we can contain. We continue to adhere to state guidelines that support health maintenance for ongoing medical, mental, and behavioral health conditions that affect communities in increasing fashion during crises. The doctors and entire staff at Oregon City Pediatric Building are honored to be a vital role in your family's well-being during this difficult time.

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