



the solo pediatric practices of
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Telehealth “Virtual” Visits – Patient Instructions

Our office offers telehealth visits using a web-based program called “doxy.me”

Telemedicine means your visit with one of our pediatricians will occur over an internet-based video system with you at home, and one of our providers talking to you and observing your child on your phone or computer.

- When you call our office to schedule a telehealth visit, if the visit reason meets criteria for a telehealth visit, you will be provided instructions on how to proceed.
- Telehealth visits using doxy.me do not require you to download anything or create an account. You will only need a device with a camera.
- We ask that you review the Telehealth consent form on our website at ocpeds.com prior to the scheduled appointment. You will be asked to give verbal consent to the Doctor for the appointment at the beginning of your telehealth visit.
- Our clinical staff will call you prior to the visit and ask how you would like to receive your visit link and confirm we have the correct phone # or email address to send this to.
- This link through doxy.me will bring you to your doctor’s virtual “waiting room” where our provider will see that you are ready to begin your visit.
- Telehealth will be billed to your insurance and there may be a copay.

If your telehealth visit requires a more thorough exam, one can be scheduled in the office or in your car (in the parking lot). Examples of visits that could possibly be done via telehealth include:

- Rashes
- Eye issues, such as pink eye, styes
- ADHD visits
- Medication follow-ups (such as anxiety and depression or possibly asthma)
- Feeding or sleeping issues
- Diarrhea or stomach flu

Our goal during the Coronavirus epidemic is to use Telehealth to limit the number of sick patients coming to our office, as well as decreasing the exposure to the virus through asymptomatic carriers.

In the days ahead, we ask that you exercise patience as we adopt this new model of care. We encourage all of you to do your part by participating in social distancing by staying home as much as possible. Together, as a community, we can make a difference in the spread of this illness.